



Road to Recovery 6

Port Credit, Georgetown, Guelph, Lynden, Burlington ON – On September 12th through the 15th Ruck 2 Remember will be conducting it's 6th annual "Road To Recovery" charity ruck march.

The team will ruck march 148km, a number that is determined by the number of police, paramedics, fire fighters and veterans lost the year before. In 2018 there were 74 known fatalities in our first responder and military community, and the team is committed to covering 2km for each one of those individuals. This event serves to raise awareness and funds for veterans that are facing homelessness. All proceeds collected for the "Road to Recovery" ruck march go towards "Operation: Leave the Streets Behind" a registered charity managed by the Royal Canadian Legion and supported by the Joe Sweeney Fund that works to eliminate and prevent Veteran homelessness here in Canada. To date this charity has assisted 769 veterans in 150 Canadian communities including 79 women, 1 from the Mohawk Territory and an allied US Army Veteran.

This year a mixed team of civilians, veterans and contractors will begin the 4-day trek from the Port Credit legion at 0900h on the 12th to Burlington, ON with stops along the way. Day one will take the team from Port Credit to the Georgetown Legion with an estimated arrival time of 1700h. On day two (the 13th) the team expects to leave Georgetown by 0900h and arrive at the Guelph Legion at 1630h. On the third day (the 14th) the team will leave the Guelph legion at 0800h and arrive at Lynden by approximately 1800h and on the final day, the ruck marchers will leave Lynden at 0800h for a projected finish of 1700h.

If you wish to support this cause and help get and keep veterans off the streets you can either donate in person at the legion branches or online at:

<https://www.crowdrise.com/o/en/campaign/road-to-recovery-2019-homecoming>

As a special bonus this year the exceptional documentary "**Clearing the Way: Combat Engineers in Kandahar**" covering one of Canada's roles in Afghanistan, will be shown at each of our legion stops with an in person introduction and Q&A by Producer and Director Paul Culliton, so come out, donate what you can, and help the veteran and first responder community:

- **Sept 12th before 0900h** - RCL Branch 82 (35 Front Street North, Mississauga ON)
- **Sept 12th after 1700h** – RCL Branch 120 (127 Mill Street, Georgetown ON)
- **Sept 13th after 1630h** – RCL Branch 234 (57 Watson Pkwy S, Guelph ON)
- **Sept 14th after 1800h** – RCL Branch 500 (206 Lynden Rd, Lynden ON)
- **Sept 15th after 1700h** – RCL Branch 60 (828 Legion Rd, Burlington ON)

Individual donations made online or by cheque to the Joe Sweeney Fund (Just place Ruck 2 Remember in the Memo field) are eligible for a tax-deductible charity receipt. Feel free to say hi to the team and meet the ruck marchers any night at the above legion halls.