



The Royal Canadian Legion  
89 Industrial Parkway North  
Aurora ON L4G 4C4

I- 888 - 207-0939  
Tel: 905-841-7999  
Fax: 905-841-9992  
Email: rclontariocommand@on.legion.ca  
Website: www.on.legion.ca

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*Good day Comrades*

*National Headquarters Dominion Command has indicated that at the current time it is business as usual against COVID-19 and that a response protocol is being finalized. It will be communicated soon to ensure our organization is fully prepared to take action if required.*

*Ontario Command, is offering the below advice on the Coronavirus situation. It is not intended that we direct Branches to cancel or postpone events however we do believe Branches should have an individual plan and make a decision at the local level on how to proceed particularly with events and hall rentals. This we believe falls under "Branch Autonomy" but nevertheless some do's and don'ts as far as health issues might help. We are monitoring the situation and will pass on further information as it becomes available.*

*The below is advice we have gathered from Government of Canada web site in bullet format for avoiding coronavirus. The things we should do to protect ourselves from the coronavirus are things we should do every day. Practice good personal hygiene.*

- *Wash your hands with soap and water for at least 20 seconds, especially after using the washroom and when preparing food - or use a hand sanitizer that contains alcohol*
- *Sneeze and cough into tissues or the crook of your elbow (not into your hand). Dispose of tissues ASAP in a lined wastebasket and wash your hands afterwards*
- *Avoid touching your face with unwashed hands*
- *Avoid close contact with people who are sick. especially people exhibiting respiratory symptoms and fever*
- *STAY HOME WHEN YOU ARE SICK*
- *Regularly and thoroughly clean high-touch surfaces such as countertops and doorknobs with household cleaners or diluted bleach. (toys, toilets, phones, electronics, bedside tables and TV remotes etc.)*

*Seniors and individuals with pre-existing health problems are those most at risk! Social distancing is recommended.*

*If you are a healthy individual, the wearing of a mask is not recommended for preventing the spread of COVID-19.*

*Again - Practice good personal hygiene.*

Coronavirus COVID-19: <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html>

FAQs: <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/frequently-asked-questions.html>

Fact Sheet: <https://www.canada.ca/en/public-health/services/publications/diseases-conditions/know-facts-about-coronavirus-disease-covid-19.html>.

Travel Fact Sheet: <https://www.canada.ca/en/public-health/services/publications/diseases-conditions/2019-novel-coronavirus-information-sheet.html>

*Garry Pond*  
*President*  
*The Royal Canadian Legion*  
*Ontario Provincial Command*

