



Ruck to remember, lest we forget

Lino Di Julio

Ruck 2 Remember
9 Senator Ave
Hamilton, ON L8M 1Z3
Welcome Team!

Royal Canadian Legion Branches Within Ontario Command

Just wanted to extend a welcome and a thank-you to you for registering for the first ever Virtual Road To Recovery event!

The Road to Recovery ruck march itself has occurred annually for 7 years now and until now participation has always been isolated to the local area that we marched from so we're really excited to see how this virtual event goes!

Some info for everyone to get started, this event is a fundraising event! All proceeds (Less the cost of the coin) from your registration goes to Operation Leave the Streets behind!

(<https://www.on.legion.ca/veterans-seniors/homeless-veterans-assistance>) we have worked with the legion for several years now and one of the principal reasons we keep coming back is because they are very transparent with us about where the funds go and we can confidently tell you that the funds we raise will go directly to helping get and keep veterans off the streets.

If you haven't joined a fundraising team you can that here:

<https://charity.gofundme.com/o/en/campaign/road-to-recovery-7>

You can either go solo, join one of the teams already registered, or start your own and recruit teammates! Either way, once you're setup you can send your individual link to friends and family to get them to help support the cause! (All donations over \$20 are tax deductible)

We can begin tracking distance on the 10th of September and you have until October 9th to complete all 150km. The tracking can be done on the charity challenges website! It will appear as an option from the 10th on. to do this you will do the following:

- Login to <https://charitychallenges.org/>
- Click 'Submit Activity'
- And fill out the appropriate distance

The Charity Challenges site will be the place of record for the distance traveled so please make sure you log your distances there once the event opens.

If you're out training now or out putting up kilometers feel to take pics and post on social media! We'd love to share your progress!

On Instagram you can tag us @ruck_to_remember and on Facebook you can tag Ruck.to.remember and use the hashtag #RoadToRecovery7 to make sure we catch you being a bunch of hard charging good humans!

Thank you again for supporting us and please reach out if you have any questions!

Cheers,

Lino Di Julio
Founder

Ruck To Remember

Mobile: 905-865-2640

Email: admin@ruck2remember.com

Facebook: www.facebook.com/Ruck.to.remember

https://www.instagram.com/p/CEcHrXDBp5z/?utm_source=ig_web_copy_link

LinkedIn: [Lino Di Julio](#)

Instagram: [Ruck to remember](#)