

## Some Extra information

We have maintained the Program for over 40 years with Participation of up to 400 athletes at the provincial Meets. No less than 32 athletes from the Legion program represented Canada at the Rio Olympics in 2016.

Athletes such as Wayne Gretzky better known for Hockey participated in the Legion Track & Field Program and won a medal at a Provincial level.

Many athletes that partake in the Legion program go onto represent Canada at the Olympics and other International events.

The Royal Canadian Legion has many Youth Programs that cater to all youth. Please contact your local RCL Branch for details



**For any questions, please feel free to get in contact with us.**

### Important Websites:

#### *District Websites:*

*Not all District's have websites, but those that do can be found on the Provincial Command Website.*

*For District's without Website, Ontario Command can help with getting you in contact with the correct people.*

#### *Ontario Provincial Command:*

*<http://www.on.legion.ca/home>*

#### *Dominion Command:*

*<http://www.legion.ca/home>*

*Both the Provincial and Dominion Website's can guide you to finding your nearest District and Branch.*



## The Royal Canadian Legion Youth Track and Field Program



## TEAM ONTARIO





## The Program

The Royal Canadian Legion's Track and Field Program allows athletes, ages 17 and under (Youth & Midget) to compete in Track & Field events at little or no cost.

The Track Meets consist of Zone\*, District, Provincial and at National Levels. Some Zone's and Districts request meet entry fee's to assist in the expense of the event. However if selected to attend the Provincial or National meet the Legion covers all cost including travel and accommodation.

With the National Meet, athletes spend a week with the selected team learning from experts and each other, building teamwork skills and making new friends, as well as getting to compete in their chosen events.

\*Not all Zones host T&F events

More Information at: [www.legion.ca/youth/youth-track-and-field/](http://www.legion.ca/youth/youth-track-and-field/)

## THE SELECTION PROCESS

### District

The district meet is the qualifier to get to the Provincial Meet. You must participate at your home District Meet to qualify, you cannot compete for another district.

### Provincial

The Provincial Meet is held over two-days and is held in a different part of the province each year.

Each district selects a team of around 40 athletes from those that participated and qualified in their home District events.

### National

The Results from the Provincial event are taken and compared to those from the last five years.

Athletes that either win multiple golds or compare best to the past five years results are offered a position to be one of the athletes on Team Ontario.



Every Province has the same stipulation of only sending 40 athletes per team.

## ELIGIBILITY

To compete at a Legion T&F event you do not need to be a member of the Royal Canadian Legion or belong to any Track & Field Organization. It is an open event to all.

If you are a member of a Track and Field Club, registration must be done through your Legion District associated to your **Residential** Address **not** your Club Address

Find Your District:: [www.on.legion.ca](http://www.on.legion.ca)

## UPCOMING DATES

*Dates of the District Events are at the discretion of the District Chairmen*

*The Provincial Events can be found on the Royal Canadian Legion: Ontario Command Website*

*The National Events are posted on The Dominion Website*

## CONTACT US

The Royal Canadian Legion  
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