



**THE ROYAL CANADIAN LEGION, ONTARIO COMMAND
SUMMER TRACK & FIELD CHAMPIONSHIPS 2017**

On July 14 & 15, 2017, approximately 400 young amateur athletes will gather from across Ontario at the University of Windsor Stadium, University of Windsor, 2555 College Ave., Windsor, Ontario.

Age Limits

MIDGET – Boys & Girls, 15 and under as of December 31, 2017 – Born 2002 or later

YOUTH – Boys & Girls, 17 and under as of December 31, 2017 – Born 2000 or 2001

Events for both male and female athletes

80m Hurdles	Long Jump
100m Hurdles	High Jump
110m Hurdles	Triple Jump
200m Hurdles	Pole Vault
400m Hurdles	Javelin (500gm – Midget & Youth Girls)
100 Meters	(600gm – Midget Boys)
200 Meters	(700gm – Youth Boys)
400 Meters	Shot Put (3 Kilo – Midget & Youth Girls)
800 Meters	(4 Kilo – Midget Boys) (5 Kilo – Youth Boys)
1200 Meters	Discus (1 Kilo – Midget & Youth Girls – Midget Boys)
1500 Meters	(5 Kilo – Youth Boys))
2000 Meters	Hammer (3 Kilo – Midget & Youth Girls)
3000 Meters	(4 Kilo – Midget Boys) (5 Kilo – Youth Boys)
1500 Meter Racewalk	1500 Meter Steeplechase (no water) (Midget Girls/Boys)
(Midget Girls/Boys)	2000 Meter Steeplechase (Youth Girls/Boys)
3000 Meter Racewalk	
(Youth Girls /Boys)	

While the meet will begin at 3:00p.m. on Friday, July 14th, the official opening ceremony has been set for 8:45 a.m. on Saturday, July 15th. Provincial President Sharon McKeown or in her absence, her representative along with Provincial Track & Field Chairman John Crook, other V.I.P.'s and Legion dignitaries will be present for the official opening ceremony at the University of Windsor Stadium, University of Windsor, Ontario. No substitution or post entries will be permitted.

Some of the athletes who qualify at this meet will proceed to the Legion National Track & Field Championships to be held in Brandon, Manitoba, during August 9-15, 2017.

Each year close to a half million dollars is spent on the National event. Many of the more than 1,400 Legion Branches across Canada make donations to individual athletic clubs. The public and media are most welcome to attend this event.

The Royal Canadian Legion is pleased to have the continued support from our Track & Field corporate sponsor Programmed Insurance Brokers Inc.

“Building a Nation Through Service”